Fruit & Nut Ediquette Bar 100 MG

Nutrition Facts

Serving Size: 1.0 (18g)
Servings Per Container: 1

Amount Per Serving

Calories 100	Calories from Fat 60
	% Daily Value*
Total Fat 7g	**11**%
Saturated Fat 3.5g	**18**%
Trans Fat 0g	
Cholesterol 0mg	**0**%
Sodium 10mg	**0**%
Total Carbohydrate 9g	**3**%
Dietary Fiber 1g	**4**%
Sugars 6g	
Protein 1g	

Vitamin A 0% • Vitamin C 0%
Calcium 2% • Iron 6%

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

INGREDIENTS: COCOA BEANS, SUGAR, COCOA BUTTER, EMULSIFIER (SOY LECITHIN), VANILLA EXTRACT, NUTS, PISTACHIO NUTS, DRY ROASTED, WITH SALT ADDED, WHOLE DRIED BLUEBERRIES, DRIED CRANBERRIES (CRANBERRIES, SUGAR, SUNFLOWER OIL), CHERRIES, RAISINS, HYBRID DISTILLATE OIL

MANUFACTURED IN A FACILITY THAT ALSO PROCESSES: MILK, PEANUTS, SOY, PISTACHIOS